

TOURS & ACTIVITIES 2024

GENERAL NOTES:

- Tours are conducted in English.
- Please inform us of any allergies or intolerances you may have.
- All tours can be private or small groups at your preference and subject to availability.

Please note that the availability, pricing and specific details of the tours and activities may vary. It is recommended to contact the tour provider directly for the most up-to-date information and to make reservations: info@af-sojourntravel.com



TRANSFER SERVICES

Seamless Arrival and Departure with Convenient Transfers

Start your Tuscan adventure in comfort with our door-to-door transfer service. Whether you're arriving at an airport or need a transfer from an address, we'll ensure a smooth and hassle-free journey.

Our experienced drivers will greet you with warmth and professionalism, whisking you away from the airport or your accommodation to your final destination. Whether you're traveling with family, friends or a group, our spacious vehicles accommodate all your needs.

Experience the convenience of private transportation, leaving you free to relax and savor the beauty of Tuscany.

TOURS in CORTONA - no transportation required

- GET TO KNOW CORTONA

breakfast and walk - 2 hours tour

Enhance your experience during your stay in the area! Opt to connect with a knowledgeable local guide who specializes in the town's history and embark on a captivating guided walking tour. This immersive experience promises to introduce you to fascinating people, unique customs and hidden corners of the town that you might not stumble upon independently. As you journey through the streets, your guide will regale you with tales of the area's rich historical heritage, painting a vivid picture of its past. The culmination of the tour will be a visit to a delightful historic building, where you'll have the opportunity to revel in its charm and raise a sparkling toast, celebrating the discoveries and memories made along the way.

Starting time: to be defined

Meeting point: Piazza della Repubblica - in front of the steps

ACTIVITIES & OPEN AIR

- GUIDED PANORAMIC BIKE TOUR AROUND CORTONA

medium easy itinerary - 6 /8 hours tour or shorter version of 3 hours

Embark on an invigorating guided bike tour that commences either from your accommodation or a designated meeting point in town. This thrilling adventure allows you to explore the prominent landmarks and awe-inspiring locations, while also providing an opportunity to refuel with a delightful lunch break. The package includes a convenient bike delivery service to your accommodation or the meeting point, ensuring a hassle-free start to your journey. You'll be provided with top-quality bike rentals and helmets for a safe and comfortable ride. Throughout the tour, a knowledgeable local guide proficient in English will accompany you, offering valuable insights and commentary. Additionally, should the need arise, van assistance will be readily available to cater to any unforeseen circumstances. Immerse yourself in an unforgettable biking experience, discovering the highlights of the area with ease and convenience.

Starting time: 9.30 am / at your convenience

-TUSCAN COOKING CLASS

Immerse yourself in the culinary delights of Tuscany as you partake in a hands-on experience crafting a delectable Tuscan meal in the heart of Cortona. This immersive cooking class will take you through the art of preparing an authentic Tuscan feast, starting with an enticing antipasto selection. Under the guidance of expert instructors, you'll learn the intricate techniques of creating handmade pasta and accompanying sauces that perfectly capture the essence of the region.

Continuing the culinary journey, you'll master the art of crafting a mouthwatering second course along with a delectable side dish. Finally, you'll indulge your sweet tooth with a heavenly dessert that exemplifies the flavors of Tuscany.

Following the class, you'll have the pleasure of relishing your creations during a delightful lunch or dinner, where you'll savor the fruits of your labor. To complement the meal, a carefully selected assortment of wine and refreshing water will be provided, enhancing the overall dining experience.

Get ready to unleash your inner chef and discover the true essence of Tuscan cuisine in the heart of Cortona, as you create, savor and celebrate an unforgettable culinary journey.

MINIMUM 2 persons | Half Day Length | Starting time 10.30 am /4.30 pm

-TASTING DINNER WITH PRIVATE SOMMELIER:

Delve into the heart of Tuscan cuisine and wine culture with an exclusive dining experience tailored to your discerning palate.

Our private table awaits you at a renowned restaurant, where an esteemed sommelier will guide you through an unforgettable journey of wine and food pairings. Embark on a culinary odyssey, savoring a menu brimming with authentic flavors and traditional recipes, all sourced from local farms and producers.

As you indulge in delectable dishes, our sommelier will reveal the secrets of perfect wine pairing, expertly curating a selection of fine Tuscan wines that harmonize with each course.

Uncover the intricacies of wine tasting, learn to appreciate the nuances of regional varieties, and discover the harmonious interplay between food and wine. Embrace the rich history of Tuscan traditions, as you savor a menu that embodies the essence of the region's culinary heritage.

A Sample Menu:

Starter: Mid-seasoned pecorino cheese complemented by artisan jams | Wine: Rosa del Castagno Toscana IGT 2020 100% Syrah

First Course: Delicate tagliatelle enveloped in a savory white Chianina beef ragout infused with wild fennel | Wine: Rosso di Montalcino or Bolgheri

Second Course: Succulent grilled beef filet paired with Zolfini beans tossed in a fragrant sage sauce and accompanied by roasted potatoes | Wine: Nobile Avignonesi Nobile di Montepulciano DOCG 100% Sangiovese

Dessert: A symphony of textures and flavors, featuring artisan cantucci biscuits paired with Vin Santo del Chianti Riserva DOC | Wine: Vin Santo del Chianti Riserva DOC

*Coffee and Limoncello: Conclude your culinary journey with a touch of Italian indulgence, savoring the rich aroma of coffee and the bittersweet zest of Limoncello.***

This exclusive dining experience is an invitation to immerse yourself in the soul of Tuscan cuisine and wine culture, creating memories that will linger long after your departure.

AVAILABLE EVERY DAY EXCEPT THURSDAY

TOURS AROUND TUSCANY and MORE - transportation needed/included

WINE TOURS - COURTESY TRANSPORTATION INCLUDED from CORTONA AREA

Indulge in a private and extraordinary experience that combines education and luxury—a true treat for wine enthusiasts. Embark on a journey where you'll have the opportunity to meet esteemed wine producers and wine estate owners, immersing yourself in their expertise and gaining insights into the art of winemaking.

To ensure a seamless experience, the package includes convenient pick-up and drop-off services directly from your accommodation. Throughout the excursion, you'll be accompanied by an English-speaking driver who will provide valuable commentary and insights. Travel in comfort and style in a private, air-conditioned car or van, allowing you to fully enjoy the journey.

The itinerary includes visits to three prestigious wine estates and their cellars, where you'll have the chance to witness firsthand the winemaking process and learn about various techniques from an expert. Engage your senses as you partake in wine tastings, savoring the distinct flavors and characteristics of each estate's offerings.

A highlight of the tour is a delectable lunch held in one of the wineries, providing an opportunity to indulge in a culinary experience that perfectly complements the wines. For those with vegetarian preferences, a specially curated meal can be arranged upon request, ensuring a delightful dining experience for all.

Immerse yourself in the world of fine wines, exquisite flavors, and captivating knowledge as you embark on this private wine tour. The combination of luxurious comfort, educational encounters, and delectable tastings promises to create memories that will linger long after the tour has ended.

MINIMUM 2 persons | full day length | Starting time 9.30 am / 10 am

Destinations are: Cortona, Montepulciano, Montalcino, Chianti, San Gimignano

FOOD TOURS - COURTESY TRANSPORTATION INCLUDED from CORTONA AREA

Olive oil tasting and class | Experience the essence of Tuscany with a captivating guided oil tasting class set in a picturesque Tuscan farm, surrounded by serene countryside. Led by a licensed olive oil taster, this immersive class offers a unique opportunity to expand your knowledge about oil production processes, discover the nuances between different types of oils, and refine your ability to identify and appreciate their distinct flavors.

During the class, you'll delve into the fascinating world of olive oil as your expert instructor shares insights into the art of oil production. Learn about the various methods employed and the factors that contribute to the diverse characteristics of olive oils. Explore the intricacies of taste, as you discover how to discern and appreciate the subtle nuances that define exceptional oils.

Following the educational session, you'll embark on a guided visit to a mill, where you'll witness the olive oil production process in action. Immerse yourself in the sights, sounds, and aromas of the mill, gaining a deeper understanding of the journey from olive to oil.

The experience culminates in a delightful tasting lunch, where you'll have the opportunity to savor the exquisite flavors of freshly pressed olive oil paired with traditional Tuscan bread, hand made pasta and local delicacies.

MINIMUM 2 persons | half day length | Starting time upon request

Truffle hunting & lunch | Embark on an extraordinary guided hunting experience with trained dogs in the lush private property, as you embark on a quest to uncover the precious treasures of the truffle. This immersive adventure offers a unique opportunity to witness the age-old tradition of truffle hunting firsthand.

Under the guidance of skilled hunters and their trusty canine companions, you'll venture into the picturesque Tuscan landscape in search of these elusive gems. Witness the incredible bond between the dogs and their handlers as they skillfully navigate the terrain, leading you to the hidden truffle treasures.

After an exhilarating hunt, indulge in a typical Tuscan lunch that celebrates the bounty of the region. Savor the flavors of the land as you enjoy a delectable meal infused with truffle delicacies, expertly paired with fine wines that accentuate the culinary experience. Allow your senses to be captivated by the unique aromas and tastes that define Tuscan cuisine.

For your convenience, pick-up and drop-off services are provided, ensuring a seamless and comfortable experience from beginning to end.

MINIMUM 2 persons | half day length | Starting time 10.30 am

COOKING CLASSES

Tuscan Cooking Class | Hands-on preparation of a 5 course Tuscan meal: antipasto, handmade *pasta* and sauce, second course and side dish, dessert. After class lunch or dinner will follow including wine and water.

MINIMUM 2 persons | Half Day Length | Starting time 11.00 am

Cooking Class in Winery | In the scenery of a family run and modern winery, guests will prepare handmade pasta and sauce, second course and side dish and dessert. During the class, the winery owner will let you taste their wines with some extra virgin olive oil *bruschetta*. While the food is in the oven, you will have a guided visit of the whole winery and you can satisfy all your curiosities in the wine world. Lunch with wines included will follow.

MINIMUM 4 persons | Half Day Length | Starting time 10.30 am

Pizza Or Pasta Fresca | Hands on preparation of pizza or pasta dough that you will customize with the chef following the season. After class, lunch will follow.

MINIMUM 2 persons | Half Day Length | Starting time 11.00 am

Cheese Making Class | From raw milk to cheese, you will create your own *pecorino* and various kinds of soft cheese in a typical Tuscan farm. After the class you will taste the cheeses produced on site and will enjoy a full lunch with many farm products.

MINIMUM 2 persons | Half Day Length | Starting time 10.00 am

OPEN AIR & ACTIVITIES

Bike Tours full day in Tuscany and Umbria | Embark on a full-day adventure exploring the captivating regions of Tuscany and Umbria on a guided bike tour. The tour begins either from your accommodation or a designated meeting point, ensuring convenience and ease of access.

Throughout the tour, you'll visit the main points of interest, immersing yourself in the rich cultural and natural landscapes of both regions. To enhance your experience, a food stop will be made at a local producer's establishment or a visit to a renowned winery, where you'll have the opportunity to indulge in delectable tastings.

Lunch will be a delightful highlight of the day, allowing you to savor the flavors of the region while taking a well-deserved break.

The package includes the delivery of bikes to your accommodation or transportation to the meeting point, ensuring a seamless start to your cycling adventure. High-quality bike rentals and helmets will be provided for your comfort and safety throughout the tour.

To enrich your journey, a knowledgeable local English-speaking tour escort will accompany you, offering valuable insights and commentary along the way. Additionally, van assistance will be readily available to provide support if needed.

Prepare to immerse yourself in the stunning landscapes of Tuscany and Umbria, pedaling through picturesque towns, vineyards, and countryside, while enjoying the convenience and expertise of a guided bike tour. Capture the essence of these remarkable regions as you create unforgettable memories and discover hidden gems along the way.

MINIMUM 2 persons | Full Day Length | Starting time to be decided | custom itineraries are possible

Vespa Tours | Relaxed guided tour in iconic automatic vespas 125 cc, itineraries can be Montepulciano area, Cortona area or Trasimeno Lake area, with food stops, time to visit points of interest, guided winery visit or other local producers, lunch. INCLUDED: vespas and helmets rental, insurance, delivery at your accommodation, van assistance, fuel, itinerary planning, food stop and/or winery visit, lunch, local English speaking tour escort.

MINIMUM 2 persons | Full Day Length | Starting time at your convenience | Custom Itineraries are possible

HorseBack Riding | Horseback riding in the Tuscan countryside with an expert teacher. MINIMUM 2 persons | Duration: 2 hours | Starting time at your convenience

Trasimeno Boat Tour | Indulge in the ultimate private pontoon boat experience, with each boat accommodating up to 10 individuals. Your adventure begins as you meet your boat pilots and guide at the pier, setting the stage for an unforgettable tour.

You have the freedom to tailor your day on the boat to your preferences. Whether you choose to relax on board, sipping refreshing *aperitivo*, taking a dip in the crystal-clear waters or basking in the sun's warm embrace, the choice is yours. As you navigate the picturesque lake, you'll have the opportunity to disembark in charming lakeside hamlets such as Passignano or Monte del Lago. Explore these idyllic villages at your leisure, soaking in their unique atmosphere and capturing stunning views.

If you're seeking cultural enrichment, a visit to Isola Polvese awaits. Discover the island's small castle and take a leisurely stroll, immersing yourself in the serene surroundings. On Isola Maggiore, you'll have the chance to encounter the local tradition of lace-making as you meet the skilled artisans creating delicate lace on the streets. Explore the lace museum and engage with the island's rich history.

The package includes a private boat rental for either 4 or more hours, ensuring ample time to fully enjoy the experience. You'll be accompanied by a knowledgeable pilot and an English-speaking tour guide, who will provide insights and commentary throughout the excursion. To enhance your

enjoyment, aperitivo will be served on board, along with refreshing soft drinks and delectable finger food.

Prepare for a day of relaxation, fun and exploration as you embark on this private pontoon boat rental, immersing yourself in the beauty of the lake and creating cherished memories that will last a lifetime.

MINIMUM 2 persons | Starting time at your convenience | Custom stops are possible | Lunch excluded

Hot Air Balloon Private | Embark on a once-in-a-lifetime experience as you soar above the breathtaking Tuscan countryside in a private hot air balloon. Prepare to be captivated by the stunning vistas and the tranquility of floating among the clouds.

Your adventure begins in the early morning, allowing you to witness the magical sunrise as you ascend into the sky. Please note that flight availability is subject to favorable weather conditions to ensure the utmost safety and the best possible experience.

As you gracefully drift through the air, savor the moment with a delightful toast, raising your glass to the beauty that surrounds you. Bask in the serenity and exhilaration of the experience, creating memories that will last a lifetime.

After the balloon flight, indulge in a hearty breakfast, specially prepared to satisfy your appetite and complement the enchanting journey. Relish in the flavors of Tuscan cuisine as you recount the incredible moments you've just experienced.

This unique adventure offers a private flight, ensuring an intimate and personalized experience for you and your companions. Immerse yourself in the sheer beauty of Tuscany from a perspective few have the privilege to witness.

Prepare for an unforgettable journey as you take to the skies in a hot air balloon, marveling at the Tuscan countryside, toasting to the moment and indulging in a delightful breakfast. Allow yourself to be swept away by the enchantment of this extraordinary experience.

Vintage Car Tour | Vintage Fiat 500 driven tour, the pilot is an English speaking local tour guide, room for up to 3 people in one car, itineraries can be customized.
Full Day Length | Starting time at your convenience

DAY TRIPS

Day Trip in Tuscany or Umbria | Immerse yourself in the wonders of the best Italian towns with our comprehensive day trip package. Enjoy the convenience of a private driver, personalized itinerary and an informative guided walking tour. With time efficiency, stress-free exploration, and cultural enrichment as the key benefits, this package offers an unforgettable experience.

RENTALS - DELIVERY AND PICK UP AT YOUR ACCOMMODATION TO BE QUOTED

Mountain Bikes | daily rental of mountain bikes in different sizes. Included: Helmet and Lock.

E-Bike | electric bike for adults and kids. Included: Helmet and Lock. Price per bike

Road Bike | bikes only, no pedals and helmet. Price per bike.

Vespa 125 cc | 2 seats iconic automatic motorbike. Included: Helmets.

IN VILLA/APARTMENT SERVICES

Chef At Home | Private chef at your accommodation for an unforgettable dinner. Different menus available, special food requirements or dietary restrictions are managed. Kids Menu available. INCLUDED: grocery, cooking, table setting, serving, final kitchen cleaning.

Dining Time at your convenience

Cooking Class | Cooking class at your accommodation. The chef will follow you step by step to guide you preparing a full meal that you will enjoy with your family and friends!

INCLUDED: grocery, class, table setting, serving, final kitchen cleaning.

Dining Time at your convenience

Dinner and Sommelier | Private Chef at home and sommelier to let you live an amazing eno-gastronomic experience in your holiday villa. Menus are studied to be perfectly combined with the wines in tasting.

Dining Time at your convenience